



## SAINT HELENA CHURCH

Center Square

1489 DeKalb Pike Blue Bell PA 19422

610-275-7711 (P) ~ 610-275-7610 (F)

[www.sainthelena-centersquare.net](http://www.sainthelena-centersquare.net)

**JANUARY  
31, 2021**





# OUR PARISH MISSION STATEMENT

## ONE FAMILY

United as members of the One, Holy, Catholic, and Apostolic Church, we are committed, as **ONE FAMILY**, to be messengers of God's love and presence in the world, and to welcome and invite others to become part of this family and this mission.

## ONE HEART

Called by our Baptism to a life of service in the Lord, we are committed, with **ONE HEART**, to live in charity, practice the works of mercy, and work for peace and justice.

## ONE FAITH

Strengthened by God's Word and nourished by His Sacraments, we are committed, in **ONE FAITH**, to promote lives of learning, living, and proclaiming the Gospel message, as we continue to grow in the knowledge, understanding, and appreciation of all that embodies these awe-inspiring truths.

### PRIESTS/DEACONS:

Parish Priest: Rev. Msgr. Joseph J. Nicolo  
Parochial Vicar: Rev. Peter J. DiMaria  
Deacon: Deacon A. Kenneth Belanger  
Deacon: Deacon Francis Cavaliere

### PARISH OFFICE:

**MONDAY THROUGH FRIDAY: 9:00 AM TO 5:00 PM**

Business Manager: Ms. Cathy Neugebauer  
Parish Administrative Assistant: Mrs. Gina Malony  
Church Bulletin Editor: Br. Raymond J. Colombaro  
Web Site: [www.sainthelena-centersquare.net](http://www.sainthelena-centersquare.net)  
Email: [parish@sainthelenachurch.org](mailto:parish@sainthelenachurch.org)  
Phone: 610-275-7711 <> Fax: 610-275-7610

### EDUCATION CENTER: School Phone: 610-279-3345 <> Fax: 610-279-3272

School Principal: Mr. Carl P. Jankowski  
School Secretary: Mrs. Rene Ryan  
School Nurse: Mrs. April Maxwell

### PREP: Phone: 610-277-3573

Director of Religious Education:  
Mrs. Madeleine Fitzgerald

Director of Parish Services  
Mr. Kurt Zampier: Phone: 610-930-0349

Facilities Manager: Mr. Vince Thompson  
Phone: 610-322-5749

Director of Facilities: Robert Malony  
Phone: 610-275-1253

ALL MASSES ARE LIVE-STREAMED!

### PARISH MASS SCHEDULE:

**Saturday Vigil: 4:00 PM**

Sunday: 7:30 AM, 9:00 AM, & 11:00 AM  
Weekdays: Mon - Sat 9:00 Holy Day Vigil: 7:00 PM  
Holy Days: 7:00 AM, 9:00 AM, & 12:15 PM

(Except on Saturdays)

### DEVOTIONS:

Most Holy Rosary: Mon-Sat 8:25 AM (Chapel)  
Eucharistic Adoration: Mon-Fri 9:30 AM-7:30 PM  
Divine Mercy Chaplet: Mon-Fri 3:00 PM (Chapel)

**CHAPEL HOURS:** The St. Theresa Chapel is open Monday — Friday from 6:15 AM to 9:00 PM; Saturday from 8:00 AM - 5:00 PM; & Sunday from 7 AM to 5 PM. On **FIRST** Thursdays & Fridays, special devotions are prayed at Mass.

**BAPTISM:** Baptisms are celebrated the Second (2nd) Sunday of each month at 12:30 PM. Please stop by the Parish Office for information on scheduling Baptism for your child. Pre-Jordan classes are required for parents & optional for Godparents, and are *usually* offered the 1st Monday of the month at 7:00 PM in the Education Center. Call the Parish Office to register for class. Letters of eligibility are due at the Parish Office *before* a date can be confirmed for Baptism.

**MARRIAGE:** Arrangements must be made with a priest at least six months *prior* to your desired wedding date. The Archdiocese of Philadelphia requires that all couples attend a Pre-Cana class. Please contact the Rectory at 610-275-7711 or send an e-mail: [parish@sainthelenachurch.org](mailto:parish@sainthelenachurch.org) for class information & registration.

**ANOINTING OF THE SICK:** Arrangements can be made by calling the Parish Office.

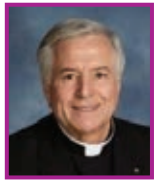
**RECONCILIATION/CONFESSION:** **Saturdays at 3:00 PM** in the Church or contact the Parish Office **to make an appointment.**

**MEMORIALS: Mass Cards, Candles, Bread & Wine...in honor of the living or in memory of the deceased.**

If you would like to have a spiritual Memorial offered in memory or in honor of a loved one, please contact the Parish Office.

**ALTAR FLOWERS:** If you are interested in having fresh flowers placed on the Altar in either the Church or the Chapel, please call Theresa Smith at 215-646-7636.





## NIC NOTES

DEAR PARISHIONERS,

On Sunday, January 31, we will be having our Opening Mass for Catholic Schools Week. It will take place at the 11 AM Mass. This year, unlike any other year, the celebration will be subdued and different. Our Parish will be celebrating our Catholic School all week long with different activities every day in the school. Other years these activities included parents, grandparents, inter-class activities, etc. however, because of the Covid 19 virus that will not be happening this year. In spite of all that is going on in the world, we should all be very proud of our Catholic School. We were up and running smoothly as our academic year began in September with in-person learning. We had the ability to have virtual learning for families/students that needed it as well as the ability to go all virtual, if necessary. Only once for two weeks did we have to go virtual because of a mandate from Montgomery County Health Department for all in-person education in the county.

Once again, I want to give a “shout out” to our phenomenal and wonderful faculty for all that they did to make this a reality. Their dedication and hard work allowed our children and their families to experience as “normal” as possible school year. This was not an easy feat for our teachers to accomplish, however, they rose to the occasion and exceeded all our expectations.

I also wish to give a shout out to our facilities crew/maintenance for their constant “care” in keeping our school facilities not only clean but disinfected/sanitized. They are constantly moving around the facility cleaning and fixing!

Our school has a Task Force for the reopening of classes who has done a phenomenal job making sure the safety of our children and faculty are always a priority. They implemented a plan that continues to evolve throughout the school year making the school such a safe place. This Task Force continues to meet regularly to address and even stay ahead of needs that ensure the well-being of all.

I wish also to thank our parishioners, who through their generosity in the Sunday Collection, allows us

the means to be able to assist us in the Catholic Education of our children.

I am a product of Catholic Schools and I am very proud of it. I am very grateful to all those who have taught me over my 20 years of Catholic Education.

Our teachers at St. Helena School see what that what they are doing **not** as a job, but rather a vocation. It is a vocation that leads others to Christ. For this, I am very grateful to each and every one of them.

In honor of Saint Blaise, we will bless throats after all the Masses next weekend ~ February 6th and 7th.

*May God, through the intercession  
of Saint Helena, bless us*

*Love & prayers,*

*Msgr. Nicolò*

## Weekly Mass Intentions

- |              |  |
|--------------|--|
| Mon., Feb. 1 | 9:00 AM<br>IMO PASTOR HERBERT MICHAEL<br>1st Anniversary<br>Req. by The Rectory Staff                                |
| Tue., Feb. 2 | 9:00 AM <b>Presentation of the Lord</b><br>IMO JOANNE MADI<br>& KENDRA HENRY<br>Req. by Robyn Henry                  |
| Wed., Feb. 3 | 9:00 AM <b>Saint Blaise</b><br>IMO RAPLH E. REEVES, JR.<br>Req. by The Johnson Family                                |
| Thu., Feb. 4 | 9:00 AM<br>IMO EARL T. BRITT<br>Req. by Kemper & Rene Ryan   |
| Fri., Feb. 5 | 9:00 AM <b>Saint Agatha</b><br>IMO DOROTHY TSCHOPP<br>Req. by Dr. Ron Baker & Family                                 |
| Sat., Feb. 6 | 9:00 AM <b>Saint Paul Miki<br/>&amp; Companions</b><br>For the Living & Deceased<br>Members of the St. Theresa Guild |

Please note: Msgr. Nicolò offers Mass every Sunday & the Holy Days of Obligation for the People of the Parish.

**MEMORIALS FOR THE WEEK OF JANUARY 31**



The Sanctuary Candle in the Church burns  
*in memory of*

**ROBERT LYNCH**

Requested by Kittie, Mike & Caitlin Ryan

The Sanctuary Candle in the Chapel burns  
*in memory of*

**JOHN CARFAGNO**

Requested by Msgr. Nicolo, Fr. DiMaria &  
the Rectory Staff



**PRAY FOR OUR  
BELOVED  
DECEASED**

*Kindly remember in your prayers  
all those who have died  
in the peace of Christ.*

**May their souls and the souls of  
all the faithful departed rest in peace.**

**MADELEINE'S MESSAGE**

It is important to remember Saint Helena Religious Education Program (PREP) is successful only by being in partnership with our parents and guardians. While the instruction and formation we provide are the building blocks of a growing faith life, the foundation is laid and reinforced by you within the family structure. Thank you for all the support given to our faculty during our Zoom lessons.

Full participation in our parish life, including regular Mass attendance, allows the children the opportunity to feel part of the parish family. It gives meaning and value to all they are learning about God, Jesus, and their Catholic faith.

**Have a great week!**

**Madeleine**



**LITURGICAL MINISTRIES**

**+ FEBRUARY 6TH/7TH +**

**FIFTH SUNDAY IN ORDINARY TIME**

**CELEBRANTS & DEACONS**

**SATURDAY, FEBRUARY 6**

**4:00 PM ~** Monsignor Nicolo

**SUNDAY, FEBRUARY 7**

**7:30 AM ~** Monsignor Nicolo

**9:00 AM ~** Father DiMaria (Deacon Ken)

**11:00 AM ~** Father DiMaria (Deacon Ken)

**LECTORS**

**SATURDAY, FEBRUARY 6**

**4:00 PM ~** T. Pantaleo

**SUNDAY, FEBRUARY 7**

**7:30 AM ~** A. Ilano

**9:00 AM ~** L. Fickett

**11:00 AM ~** R. Gomes

**EXTRAORDINARY MINISTERS  
OF HOLY COMMUNION**

**SATURDAY, FEBRUARY 6**

**4:00 PM ~** J. Coyle, D. Galanti, J. Schmidt

**SUNDAY, FEBRUARY 7**

**7:30 AM ~** J. Treml

**9:00 AM ~** Deacon Ken, R. Maiorano, D. Matoney

**11:00 AM ~** Deacon Ken, M. Catalde, V. Thompson

**ALTAR SERVERS**

**SATURDAY, FEBRUARY 6**

**4:00 PM ~** B. Gallo, I. Masucci, C. Zulick

**SUNDAY, FEBRUARY 7**

**7:30 AM ~** Adult Server

**9:00 AM ~** A. Ormond, S. Seegers, L. Seegers

**11:00 AM ~** E. Gallagher, K. Gallagher, C. Gallagher





**SAINT HELENA KNIGHTS  
COUNCIL #14210**

[www.shkofc.com](http://www.shkofc.com)

Grand Knight Joe Smee  
[jrsdmt2@gmail.com](mailto:jrsdmt2@gmail.com)

Join Online [www.kofc.org](http://www.kofc.org)

**PLEASE HELP!**

**DONATE BLOOD**

**ON SATURDAY, FEBRUARY 20**

There continues to be a critical need for blood and blood plasma. The Red Cross Blood Drive will be at the **SAINT HELENA SCHOOL CAFETERIA ON SATURDAY, FEBRUARY 20 FROM 9:00 AM TO 2:00 PM.** You must schedule an online appointment in order to donate. Please log on and make your appointment at **Redcrossblood.org**. Please know that the Red Cross does have COVID safety protocols in place for donors & their staff.

**BECOME A KNIGHT. DO MORE. BE MORE. NOW MORE THAN EVER.**

Join online for free at [www.kofc.org/secure/en/join/join-the-knights.html](http://www.kofc.org/secure/en/join/join-the-knights.html) Enter the code McGivney2020” to join for 12 months of membership. If prompted, enter St. Helena Council #14210

**LEAVE NO NEIGHBOR BEHIND**

The Knights desire to help out and give back to those in need due to the pandemic, serving those in our Parish and local community. Let us know of any in our parish who may need some help due to impacts from this unprecedented pandemic.



**OFFERING ASSISTANCE INITIATIVE**

**Beneficiary: Martha's Choice Marketplace**

**NEXT COLLECTION:**

**TUESDAY, FEBRUARY 2, 2021**

A few parishioners have taken the lead on organizing a recurring donation drive to benefit Martha's Choice Marketplace, which is located on the grounds of Saint Paul's Parish in Norristown. You may purchase donations and then have them picked up at the curb of your house on Tuesday, February 2.

If you would like to help by donating, please contact Joe Dempsey by e-mail:

**[Joedemps12@gmail.com](mailto:Joedemps12@gmail.com)**

In addition to your donations, we are also looking for drivers who can assist us in picking up food from parishioners' homes & dropping the donations off at Martha's Pantry in Norristown. Please contact Joe for this as well. **THANK YOU IN ADVANCE FOR YOUR HELP WITH THIS GREAT WORK OF MERCY!**



**RESPECT LIFE  
CORNER**

**YOUR SPIRITUALLY ADOPTED BABY ~  
AT MONTH 4**

The baby now weighs six ounces and has fingernails & eyelashes. Baby also has his own unique fingerprints, which will remain the same until death. Taste buds are now working. The sense of hearing is developed and present at 14 weeks. There are no further major developments anymore. Your spiritually adopted baby is already well formed, both internally and externally. All baby needs now is time to gain weight and grow strong. What a miracle a baby is!

Please continue to pray for the life of this baby, whom you have spiritually adopted: *Oh, my Jesus, by the intercession of Mary, Your mother, who bore You so lovingly, and of St. Joseph, strong man of Faith, who protected You both, I pray to You for the life of the unborn child I have spiritually adopted, who is in danger of abortion. Please give the parents of this child the grace and courage they need to bring this baby to life. Amen.*

**Did You Know?** On-going donations are still being accepted for **A Baby's Breath** in Jeffersonville. The drop-off location in the church is in the same place in the Narthex, but inside the newly constructed wooden cabinet where the card table stood. Current needs are; diapers sizes 4, 5, 6, and pull-ups ONLY, non-expired baby formula, food & baby toiletries.

For those who cannot go on any of the marches for life, but wish to offer alms for atonement of the mortal sin of abortion, you may wish to give more in time, talent or treasure to **our Church** or send a donation to the **Sisters of Life, 1413 N. 11<sup>th</sup> St., Philadelphia, PA 19122.**

**“Our God is never out  
done in generosity!”  
THANK YOU FOR  
YOUR TITHE!**

**A PRAYER FOR OUR MILITARY**

Lord God, Almighty Father, Creator of mankind and Author of peace, we are ever mindful of the cost paid for the liberty we possess, we ask You to bless the members of our Armed Forces.

Given them courage, hope and strength. May they ever experience your firm support, gentle love and compassionate healing. Be their power and protector, leading them from darkness to light. To You be all glory, honor and praise, now and forever. Amen.

*Please pray for all our military  
personnel especially:*

POI ELIZABETH FENERTY, CPT KEVIN MAGUIRE,  
SFC JAMES KILGORE, CDR DANIEL NEVEROSKY,  
TSGT JAMES LAPORTE,  
SGT JOHN Z. MATEJA,  
LT NICHOLAS HUMES,  
CPL ANTHONY J. CICCARONE,  
CPT EMILY M. LORENZO-WOMACK,  
CPT JONATHAN R. WOMACK,  
SSGT JOSEPH P. LORENZO,  
LT CHRISTINA TAORMINA-LAPORTE &  
LTJG BRENDAN J. KOCH

**PRAY FOR SICK & INFIRM**

**In your charity, please pray for our sick & home-bound parishioners, as well for those living in health or nursing facilities. In particular, please remember the following:**



Patrick Banicki, Marie Marrongelli,  
Joshua Gelenberg, Guido Perfetti,  
Linda Basile, James Pishock,  
Louis Drozd, Ceara Hughes, Sister Mary Angela,  
Mike Bail, McGrail & Flynn Families, Kerry Eddy,  
Patricia Gabel, John Piecyk, Bonnie Piecyk,  
Jim Dougherty, Jennifer O'Donnell-Gray,  
Elizabeth Foster, Suzette Eason,  
Christine Hoffman, Kaye Grasso, Kellan Ford,  
Kathy Foley, Julia Tramontana & Owen,  
Kathleen Leahey, Ethan Horstmyer, Peg O'Hara,  
Colleen Coll, Kieran Daly, Peter Cook, Bernice  
Zwigaitis, Jack Keidel,  
Larry Barnhouse, Juan Barba,  
Sister Antonette Schmidt, Peter J. Cissone, Jr.,  
Carl Geiger, Dwayne Williams, Alyssa Lentz,  
Dave Colman, Ed Mitchell, Thomas & Linda Cullen,  
Theresa Proietti, Bobbi Smisko, Theresa Smyth,  
Joseph Smyth, Diane Bambino, Becky, Forest &  
Ezra Beitzel, Marie Becker & all suffering with  
the Coronavirus.

**To have someone listed, please call the Parish Office at 610-275-7711. Names will stay listed for 2 (two) weeks.**

**If you need them to stay on, you must call every 2 weeks to update.**

## ~ ASH WEDNESDAY ~

### A BIT DIFFERENT THIS YEAR

With respect to the spirituality of receiving ashes, the Church offers some useful pointers. Paragraph 125 of the Directory for Popular Piety says:

"The act of putting on ashes symbolizes fragility and mortality, and the need to be redeemed by the mercy of God. Far from being a merely external act, the Church has retained the use of ashes to symbolize that attitude of internal penance to which all the baptized are called during Lent. The faithful who come to receive ashes should be assisted in perceiving the implicit internal significance of this act, which disposes them towards conversion and renewed Easter commitment."

While in most English speaking countries the custom of imposing ashes in the form of a cross on one's forehead has been the norm, in many European countries including Italy, the ashes have customarily been sprinkled on the crown of the head of the faithful.

In an effort to minimize physical contact because of the pandemic and in following the recent directives of the Holy See regarding the imposition of ashes, Saint Helena parish will adopt the European custom of imposing ashes on the crown of each person's head and **NOT** by tracing the cross on each person's forehead.

Additionally, the Holy See has asked that the verbal formula for the rite be proclaimed only once before the distribution of ashes begins. Each person will approach the priest or other minister and bow his/her head as the ashes are silently imposed. The person will then return to his seat for the remainder of the Mass or Service.

While the method by which we will distribute ashes this year will be a bit different, you are reminded that none of their significance is lost because of the adaptation of this European custom.

**MAY THIS HOLY SEASON BE A SOURCE OF  
GREAT GRACE FOR ALL OF US!**

## INTERIOR FREEDOM ~ A LENTEN & EASTER SMALL GROUP STUDY WITH FATHER DIMARIA

Father Jacques Philippe, a member the Community of the Beatitudes, is a well-known contemporary spiritual writer, preacher and retreat master. His numerous books on the spiritual life have sparked a desire on the part of many Christians to plunge more deeply into the mystery of God through the development of their own interior lives.

Father DiMaria will offer a five part "in person" small group study on Fr. Philippe's very popular book called "Interior Freedom" whose thesis is a very simple, but important one: we gain possession of our interior freedom in exact proportion to our growth in faith, hope and love.

We will meet at 7 p.m. in the Convent on the following Wednesdays: February 24, March 10 and 24, April 7 and 21. Each participant will need to purchase in advance a copy of "Interior Freedom" which is available through Amazon.com or Scepter Press at <https://scepterpublishers.org/collections/fr-jacques-philippe>.

Because of Covid restrictions, the small group will be limited to the first fifteen (15) participants who register for the course. Please contact Fr. DiMaria at [frdimaria@sainthelenachurch.org](mailto:frdimaria@sainthelenachurch.org) to register or to request more information.

## **JOB OPPORTUNITIES AT SAINT HELENA...**

*We are currently looking to hire  
for the job listed below:*

**FULL-TIME CUSTODIAN**

Monday through Friday from 6:00 AM to 3:30 PM

**Start ASAP!**

IF YOU ARE INTERESTED IN THIS POSITION, PLEASE  
CONTACT OUR PARISH MAINTENANCE DIRECTOR,  
ROBERT MALONY AT

[rimalony@sainthelenachurch.org](mailto:rimalony@sainthelenachurch.org)

## KEN'S CACHE

This Sunday's Gospel refers to the town of Capernaum as the site of one of Jesus' miracles. What follows is a description of the town and its significance in New Testament history. The town is cited in various contexts in all four Gospels (Matthew 4:13, 8:5, 11:23, 17:24, Mark 1:21, 2:1, 9:33, Luke 4:23, 31,7:1, 10:15, John 2:12, 4:46, 6:17, 24, 59) where it was reported to have been the hometown of the local tax collector Matthew. Capernaum is located not far from Bethsaida, the hometown of the first four Apostles, namely Simon Peter, his brother Andrew, James and his brother John.

One Sabbath, Jesus taught in the synagogue in Capernaum and healed a man who was possessed by an unclean spirit (Luke 4:31–36 and Mark 1:21–28.) This story is notable as the only one that is common between the Gospels of Mark and Luke, but not contained in the Gospel of Matthew. Notably, Jesus touched and healed Simon Peter's mother-in-law of a debilitating fever (Luke 4:38–39.) According to Luke 7:1–10 and Matthew 8:5, this is also the place where Jesus healed the gravely ill servant of a Roman centurion who had asked for His help. Capernaum is also the location of the healing of the paralytic lowered by his friends through the roof to reach the healing hand of Jesus, as reported in the Gospel of Mark 2:1–12 and in the Gospel of Luke 5:17–26.

According to the Synoptic Gospels (Matthew, Mark and Luke) Jesus selected this town as the center of his public ministry in Galilee after He left the small mountainous hamlet of Nazareth (Matthew 4:12–17.) He also formally cursed Capernaum, along with the nearby towns of Bethsaida and Chorazin, saying "you will be thrown down to Hades!" (Matthew 11:23) because of their lack of Faith in Him as the Messiah.

Archaeological evidence demonstrates that the town was established in the 2nd century BC during the Hasmonean period, when a number of new fishing villages sprung up around the lake, known as Lake Galilee or the Sea of Tiberius. The site had no defensive wall and extended along the northwestern shore of the lake. The cemetery zone is found 200 meters north of the synagogue, which places it appropriately beyond the inhabited area of the town. The historic site of Capernaum is 2.5 kilometers from Tabgha an area which appears to have been used for agricultural purposes, judging by the many (olive) oil and grain mills which were discovered in the excavation. Fishing was also a source of income; the remains of another harbor were found to the west of that built by the Franciscans friars. No sources have been found for the belief that Capernaum was involved in the bloody Jewish revolts against the Romans, the First Jewish-Roman War (AD 66–73) or Bar Kokhba's ill-fated revolt (AD 132–135), although there is reason to believe that the historian Josephus, one of the Jewish generals during the earlier revolt, was taken to Capernaum after a fall from his horse in nearby Bethsaida.

Josephus referred to Capernaum as the location of a fertile spring or wadi (Wars – Book III, 10, 8.) He stayed the night there after bruising his wrist in a riding accident. As early as 530 AD, the town of Capernaum was mentioned in the writings of Theodosius the Archdeacon who said that it was situated, as one goes northward from Tiberius, two miles from Tabgha and six miles short of Bethsaida along the same route. Capernaum and other sites in the Holy Land that were visited by Jesus "in person" remind us powerfully of His Humanity and His abiding concern for our well-being and salvation.

**God Bless! Deacon Ken**



*Ruins of the 1st Century Synagogue in Capernaum*

**LENT** begins Ash Wednesday, February Seventeenth!



## WE REMEMBER

and we gratefully acknowledge the following families who so thoughtfully asked that donations in memory of their loved

one be sent to Saint Helena Church. We ask that you please keep them in your prayers:

James Adams, John Botto, Mary Ellen Brogan,  
 Dr. Elwin S. Carlin, Audrey F. Crause,  
 Harry DeFazio, Ann Kelly, Jennie Dinardo,  
 Michael Frawley, Nicholas Grant, Ann Gerlach,  
 Eugene P. Kenworthy Sr., Peter J. Kelly, Sr.,  
 Orville Johnson, John S. Maguire, Jane O'Doherty,  
 Lucille Mazur, Grace Migliarese, George T. McCool,  
 Jean P. McQuade, Dorothy Nicolo, Joanna Roth,  
 Thomas Oakes, Matilda M. Schoppet, Mary Ellen  
 Sullivan, Gertrude Usher, Virginia Valentine,  
 Louise Vanelli, Jean Vereb,  
 Mary C. & Raymond F. Uccelletti, Sr.,  
 Margaret Wright, Carmen Pagliaro,  
 Dottie Monastra, William Curran, Shawn Henry,  
 Jack Gambone, Gasper Butera, Helen Borkowski,  
 Mary Ryan, Edward Garbacz, John Cantarini,  
 Dave Landers, Joseph Nicolo, Sr.,  
 Ron Miles, Harold Rodgers, Marge Fitzpatrick,  
 Mildred Dulin, Candida Barone, Stanley Lentz, Sr.,  
 Walter P. Piecyk, Henry Orzechowski, Gasper  
 Sclafani, Rose Trombetta, Brad Souders,  
 Peter Nicolo, Joseph Yaccarino, Irene Koziol,  
 Frances Lavin, Anna Silvaggio, Vincent J. Petrone,  
 Stanley Toscani, Rita Rego,  
 Charles Halfpenny, Sr., Gerard Geisel, Carol Piskai,  
 Stephen Imms, Betty Haly, Ed Sciarra,  
 Ralph Martino, Thomas Keane, Mary Russo, Marlin  
 Souders, William Guerrini, William Schmitz, Jr.,  
 Andy Ortlieb, Nicola Rocco, Richard Duszak,  
 Salvatore Giuffrida, Harry Neff, Sr.,  
 Ronald Lattanze, Katherine Roth, Maria Begley,  
 Peggy Guerrini, Daniel Staffieri, Norma Leuallen,  
 John Frawley, Rae Bordo, Veronica Graff,  
 Thomas & Anne Yuengling, Francis Nolan,  
 Thomas Swan, Dixie Katrina, Anna Marie Esposito,  
 Karen DeGennaro, Catherine Murphy, Rita Curran,  
 Ann Yaccarino, Tom Gaasche, Catherine Swanick,  
 Agnes Dougherty, Vera Lentz, Marg Agresti,  
 James Frawley, Suzanne Bottinger,  
 Jack Fitzpatrick, Antoinette Cannon,  
 Harvey Kreitzer, Nancy Cavan, Theresa Tomczak,  
 John Barry, Nicholas Machion, Daniel Begley,  
 Joseph Monastra, Catherine Frawley,

## WE REMEMBER...

CONTINUED

Rev. John T. Coates, Linda Taormina Kuhn,  
 Dorena Colonnello, Marian Curran,  
 Alexander Piermani, III, Kathleen DePietro, Francis  
 Zuest, Joseph O'Hara, Steve Bacino,  
 Phyllis D'Amico, Emil Bilinski, Carol Mignogna,  
 Edward Stimmler, Marie Neff, Joan Schmitz,  
 Yolanda Marinari, Deacon Donald Kretsch,  
 Charles Walters, James F. "Smitty" Smith, Sr.,  
 Edward Sciarra, Jr., Daniel Fitzgerald,  
 Marie Litman, Elaine Thompson, Carmen Branco,  
 Matthew Mazza, Edward Lock,  
 Phyllis Galanti, Mary Scarafone, Anne Burr,  
 James Bozzelli, Margaret (Peg) Tannenbaum,  
 Barbara Souders, Joseph Smee, Sr.,  
 James Bottinger, Anne Nolen, Martha Flannery,  
 Joan Cannon, Hilda Carr, Joseph Wallin,  
 Kathleen Fenerty & Louis R. DiMaria.



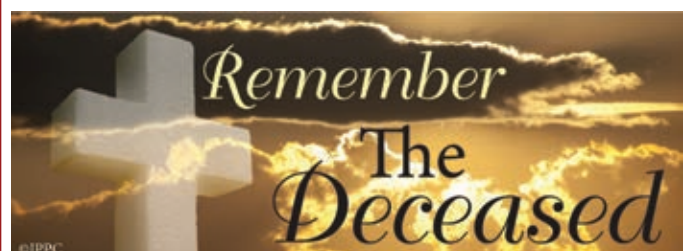
## BEQUESTS

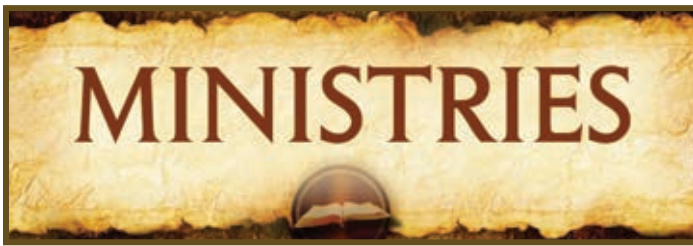
The following people have thoughtfully and prayerfully made bequests in their Wills to Saint Helena Church. Please remember them in prayer as well.

Vivian Becker, Alice P. Devlin, Mary E. Flanagan,  
 Hon. Robert W. Honeyman, Concetta Marchesani,  
 Mary Ellen Sullivan, Laura E. Wisniewski,  
 Estelle Noska, Elizabeth Ann Quillinan, Jean Stock,  
 Lawrence Marinari, Catherine Frawley,  
 Mary Rosciola, Marian Curran, Charles Loeper,  
 Rev. John Coates,  
 Kathleen Schoemaker, Regina Zaleski,  
 Margaret Donahue, Lorraine Gigliello,  
 Margaret (Peg) Tannenbaum.



Eternal rest grant unto them,  
 O Lord, and let perpetual light shine  
 upon them. May the souls of all the  
 faithful departed, through the infinite  
 mercy of God, rest in peace. Amen.





**MINISTRY / ORGANIZATION**

Art & Environment	Theresa Smith
Basketball: 3 on 3	James Humes
Bereavement Ministry	Michele Gerstemeier
Chapel Reposers	Jack Greenleaf
Divine Mercy Chaplet	Vince Thompson

**EXTRA ORDINARY MINISTERS OF**

**HOLY COMMUNION:**

Church	Lori & Steve Iannello
Home Visit	Jim McLaughlin
Finance Council	Msgr. Nicolo
Garden Club	Theresa Smith
Home & School Assoc.	Sara Mann
Knights of Columbus	Tony Gallagher
Ladies of Helena	Theresa Smith
Lectors	Pat Lorenzo
Lending Library	Br. Matthew
Men's Fellowship Group	Joe Bushner
Mommy & Me	Katie Dalhoff

**MUSIC MINISTRY**

Cantors (Scheduling)	Cheryl Platco
Contemporary Music:	Jim Siewert
Pastoral Council	Dick Lentz
	Msgr. Nicolo

**PARISH YOUTH & YOUNG ADULT MINISTRIES**

Altar Servers	Fr. DiMaria
H. S. Youth Group	Kurt Zampier
Young Adult Group	Kurt Zampier

**Parish Religious Education Program**

PREP Coordinator	Madeleine Fitzgerald
St. Helena School	Mr. Carl Jankowski
Prayer Shawl Ministry	Sr. Francis, O.S.F.

**Rite of Christian Initiation for Adults**

RCIA Leader	Deacon Ken Belanger
Respect Life Activities	Maryann Schieve
Scripture Study	Deacon Ken Belanger
Walking with Purpose	Margaret Malloy
Wedding Coordinator	Cindy Lejman

*To get involved or for more information please call the Parish Office at 610-275-7711 and we will connect you with the contact person.*

**PARISH MINISTRIES DURING COVID**

**NEWS WAYS OF MEETING TO CONTINUE OUR FAITH**

**RCIA**

RCIA is a process of instruction, prayer and Faith sharing, a journey towards Full Communion with the Catholic Church. Participants may be unbaptized, baptized in another Christian faith, or a baptized Catholic whose faith journey has been interrupted. To learn more about how to begin this process of discernment or embark on this journey of faith, please call Msgr. Nicolo, Fr. DiMaria or Deacon Ken Belanger.

*(Msgr. Nicolo or Fr. DiMaria at 610-275-7711 or Deacon Ken Belanger at 610-909-1909.)*

This group has resumed meeting weekly by following the guidelines of Social Distancing and the wearing of Masks.

**LADIES OF HELENA**

This group provides spiritual, social, and service activities for women of all ages. We are always looking for new ideas. At this time we are communicating by email: Theresa Smith [theresacsmith@verizon.net](mailto:theresacsmith@verizon.net)

**MOMMY & ME**

Calling all Moms with young children! The Saint Helena Mommy & Me Group is always looking to welcome new faces. While we haven't been meeting regularly due to COVID, we will be meeting this spring outside as weather permits. Please email Katie Dalhoff at [katiedalhoff@gmail.com](mailto:katiedalhoff@gmail.com) (610-952-5148) for more information.

**RESPECT LIFE MINISTRY**

The St. Helena Respect Life Ministry is dedicated to promoting the sanctity of God's gift of human life from conception until natural death. Our mission is to inform our parishioners in regard to God's Word in Scripture, the Catholic Church teachings, and spiritual/cultural issues relating to the respect for life at all stages. Events and activities are scheduled throughout the year to enable our parishioners to be active pro-life disciples through prayer, practice, evangelization, and the support of local pro-life agencies. We meet every Wednesday in the Chapel, at 11:30AM, to pray the Rosary for Life. Due to COVID 19, we are currently communicating by group e-mails. We may decide to use ZOOM at a later date. Our contact person for parishioners who wish to join our group is Maryann Schieve. Maryann can be reached at 484-437-9285.

**ALL ARE WELCOME!**

## JOIN OUR DAILY DEVOTIONS!

*Attend In-Person or Virtually  
via our Parish Livestream*

There are many fellow parishioners who are serving the Parish community and leading regularly scheduled devotions such as the Daily Rosary & the Divine Mercy Chaplet. Sacred Scripture reminds us that “Iron sharpens iron” and that God’s grace is overflowing when we make the time and reorient our priorities with Him as the Center of our lives. Here’s our schedule:

**ALL DEVOTIONS ARE LIVESTREAMED AND THE  
CHAPEL CAMERA IS “ON” 24/7.**

### **ROSARY RECITATION in the CHAPEL**

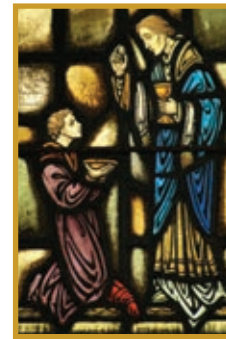
8:25 AM <> Monday—Saturday  
11:30 AM <> Wednesdays *after* the 3:00 PM  
Divine Mercy Chaplet <> Monday—Friday

### **DIVINE MERCY CHAPLET RECITATION in the CHAPEL**

3:00 PM <> Monday-Friday

### **CHAPEL MEDITATION**

7:00 AM—9:00 AM <> Monday through Friday  
8:00 AM—5:00 PM <> Saturdays  
7:30 AM—5:00 PM <> Sundays



## **+ THE BREAD OF LIFE + EXTRAORDINARY MINISTERS OF HOLY COMMUNION NEEDED**

You may have noticed recently that we have been “short” on assistance with the distribution of Holy Communion at Sunday Mass. Because of the COVID-19 pandemic, many of our senior parishioners who have faithfully served as Extraordinary Ministers of Holy Communion throughout the years have been hesitant to return to Mass and to resume their roles as EMsHC. As a result, we find that we are in need of some volunteers for this ministry.

Please consider assisting the parish in this ministry. Qualifications for this role are as follows:

1. **A firm and living faith in the Real Presence of Christ in the Blessed Sacrament.**
2. **A love for the Eucharistic Lord and the desire to serve Him through the distribution of Holy Communion to His people.**
3. **Faithful attendance at Sunday Mass each week.**
4. **If married, that you exchanged your vows in the presence of a priest or deacon of the Catholic Church.**
5. **Your willingness to participate in one (1) training session offered here at St. Helena.**

If you are interested in learning further about this role, please contact Father DiMaria [frdimaria@sainthelenachurch.org](mailto:frdimaria@sainthelenachurch.org) for more detailed information.



# The Twelve Apostles



F S I M O N L K F G M X N M P J  
 P J A M E S P Y P P K P S P X Y  
 X W X J N J B D T X W L S N C R  
 M K Q L U P D F G W N C E N Z T  
 F Z V P Z D M P E B X D L K D B  
 V N G P V D A R R N V C E Y A Y  
 J N K R F R D S L W T N H R R F  
 S O F M Z N K T C T L T T B E C  
 B A H G A L C D L J T H S R T Y  
 M L M N L M L Z Q L O T E K E P  
 Z M C O Z V R V T L T L M N P H  
 W W K M H Y J R O Y X X A P M I  
 Z M P D M T E M T W B P J N H L  
 L G K M F D E L W E H T T A M I  
 T G T D U W C T Y M P K N Y N P  
 Q T N J N W Y N G P T Q R C X J

ANDREW  
 BARTHOLOMEW  
 JAMES  
 JAMES THE LESS  
 JOHN  
 JUDAS



JUDE  
 MATTHEW  
 PETER  
 PHILIP  
 SIMON  
 THOMAS

**Home is more than a place.  
It's a feeling.**  
25 years experience in RE  
Coldwell Banker Realty Blue Bell  
Jennifer Donal, Realtor®  
100% dedicated to my clients needs by  
being available to them 24/7  
C: 610.389.7811  
jennifer.donal@cbprf.com • jennidonal@gmail.com



**Corropolese**  
Italian Bakery & Deli  
Open 7 Days  
2014 Old Arch Rd.  
Norristown, PA 19401  
610.275.6664  
www.corropolesebakery.com

*Life Celebration*  
By GIVNISH  
1-800-GIVNISH  
Affordable Funeral and Cremation Services  
BOYD-HORROX-GIVNISH  
John F. Givnish (3rd Generation) John F.X. Givnish, III (4th Generation)

  
**FACENDA WHITAKER LANES**  
*Total Family Fun!*  
**Good for one  
FREE Game**  
1 person per visit

  
**PLUMBING, HEATING,  
DRAIN CLEANING &  
AIR CONDITIONING**  
SENIOR CITIZEN DISCOUNT  
FREE ESTIMATES  
Ph: (215) 728-1482 8675 Torresdale Ave.  
Fax: (215) 742-7098 Philadelphia, PA 19136  
[WWW.BILLFRUSCO.COM](http://WWW.BILLFRUSCO.COM)

**Morgan Exteriors, LLC**  
Stucco Remediation Specialist  
Roofing • Hardie Siding Specialist  
**484.568.4457**  
Best Prices & Warranties in the Business  
[www.morganexteriorsllc.com](http://www.morganexteriorsllc.com)

Family Owned and Operated Since 1987  
FREE INSPECTION  
Licensed & Insured  
  
  
**RIGHTWAY  
WATERPROOFING CO.**  
BASEMENT WATERPROOFING  
MOLD REMEDIATION • FOUNDATION REPAIR  
215-427-1727  
[www.RightwayWaterproofing.com](http://www.RightwayWaterproofing.com)

**202 RENT-ALL**  
We Repair Lawn Tractors,  
Push Mowers, Snow Blowers,  
Other Lawn Equipment  
Pick-up Service Available  
Warranty Service for Husqvarna,  
Troybuilt, MTD, Kohler,  
Briggs & Stratton, Kawasaki  
**610-279-2350 • 202Rentall.com**

  
**MCCAFFREY'S  
FOOD MARKETS**  
*Exceptional. Every Day.*

Center Square Shopping Center  
1301 Skippack Pike - Blue Bell, PA 19422  
Phone: 215.437.3200 Fax: 484-322-5485  
Catering 1.800.717.7174  
[www.mccaffreys.com](http://www.mccaffreys.com)


IT'S TIME

  
Finding FABER™

**Connecting sponsors and the community in realtime!**

# RSM

518 Township Line Road  
Suite 300  
Blue Bell, PA 19422

**Richard M. Golebiowski, CPA**  
Parish Member

**215-641-8600** rich.golebiowski@rsmus.com

*We Acknowledge WE CARE AND IT SHOWS We Appreciate*

**ST. MARY CENTER**  
Rehabilitation & Healthcare  
215-368-0900  
www.center.smmrehab.org

**ST. MARY VILLA**  
Independent & Retirement Living  
215-368-0900  
www.villa.smmrehab.org

**EASY PASS**  
\$99 a day  
www.smmrehab.org

*Both conveniently located at: 701 Lansdale Ave., Lansdale*

**Beautiful On-Site Chapel with Daily Mass - Respite Stay Available**



After

What's on the outside counts.  
Have your roof inspected by Liberty today!



Please visit us online at  
[www.libertyroofingpa.com](http://www.libertyroofingpa.com) | 215-342-1301



Make a Difference in Your Community

## VOLUNTEER

with the American Red Cross

Join today at [redcross.org/Volunteer](http://redcross.org/Volunteer)

**MOORE, SNEAR & RUGGIERO**  
FUNERAL HOME & CREMATORY, INC.  
19 E. Germantown Pk. • E. Norriton, PA 19401  
610-277-1600 • www.msrfh.com  
Donald E. Moore, Supervisor

**catholicmatch**  
Pennsylvania



[CatholicMatch.com/datePA](http://CatholicMatch.com/datePA)

**Bergin's Chocolates**  
Fine Hand Crafted Chocolates Since 1935  
Hours: Mon.-Fri. 8am-5pm  
Sat. 8am-4pm  
2634 Morris Road  
West Point, PA • 215-699-3420

**Feliciani**  
E-SON  
Plumbing, Heating & Cooling  
610-275-4333  
Blue Bell, PA  
Since 1947 • Parish Member

**VIA VENETO**  
Pizza  
& Family Restaurant

**610-279-5222**

2688 DeKalb Pike  
East Norriton, PA 19401

**BRIGHTVIEW**  
SENIOR LIVING  
EAST NORRITON

INDEPENDENT LIVING

PERSONAL CARE

DEMENTIA CARE

**610.239.7700**

300 East Germantown Pike  
East Norriton, PA 19401

[www.BrightviewEastNorriton.com](http://www.BrightviewEastNorriton.com)



## \$350 off

Any New Stairlift With This Ad

- FREE in home evaluations
- Family owned & operated for more than 20 years

**1.888.900.8883**

[www.Tri-StateStairlifts.com](http://www.Tri-StateStairlifts.com)

**tri-state**  
**STAIRLIFTS**



**Dr William V Baldassano**

Family Dentistry

Parishioners Since 1961

1567 Dekalb Pike, Rt. 202, Blue Bell, PA  
610-279-1811 [drbaldassano.com](http://drbaldassano.com)



Serving the Community  
for 60 Years

For all your HVAC needs



Our Family Helping to Keep  
Your Family Comfortable  
for over 165 Years

America's Oldest  
Mechanical Contractor

334 W. Germantown Pike, East Norriton, PA 19403

**610-277-2656**

Visit us at [www.davismodern.com](http://www.davismodern.com)

**RAY ROSS**

PLUMBING • HEATING

BOILERS  
WATER HEATERS  
BATHROOM RENOVATIONS  
SEWER & DRAIN CLEANING

**267-228-7287**

FAX 610-666-0685

[H20WORKER@VERIZON.NET](mailto:H20WORKER@VERIZON.NET)

# Morgan

basement waterproofing

In Our 4th Decade of Quality Service

French Drains • Foundation Repair • Mold Remediation

All Work Guaranteed

**215-639-8500**

[www.morganbasementwaterproofing.com](http://www.morganbasementwaterproofing.com)

NO JOB  
TOO BIG  
OR SMALL

**Hammerin'  
Nales**  
Home Repair, LLC

**HANDYMAN**  
NO JOB TOO BIG OR SMALL  
John Nales • Fully Ins. • Lic. #9757  
**267-885-3376**  
"Fellow Christian"



**Plymouthtowne**  
APARTMENTS

PREMIERE

1 BR Den 1.5 Bath • 2BR 2 Bath

**ONLY 21 LEFT!**

**Now Hiring**

FT Leasing Consultant

610-279-4848 [rmm@tornettaproperties.com](mailto:rmm@tornettaproperties.com)



**Make This Their  
Best School Year Yet.**

Give them the Mathnasium advantage

Contact us today to schedule  
a complimentary assessment.

**Mathnasium of Blue Bell**

[www.mathnasium.com/bluebell](http://www.mathnasium.com/bluebell)

(267) 598-5100 • 970 DeKalb Pike, Blue Bell, PA 19422

Changing Lives Through Math.™

**MATHNASIUM**  
The Math Learning Center

# WILLIAM R. MAY FUNERAL HOME, INC.

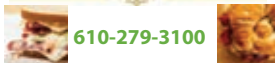
*A Family Tradition of Care*

Easton Rd. & Keswick Ave. Main St. & Elm Ave.  
Glenside, PA 19038 North Wales, PA 19454  
Harry M. May, Supervisor Michael J. McDonald, Supervisor  
Christine May Rafferty, Licensed Director Laura M. Haggerty, Licensed Director  
**215-884-8410 215-699-3442**

*Pre-Need Services Available*

[www.mayfuneralhome.com](http://www.mayfuneralhome.com)

## Ana's Corner Store



610-279-3100

3310 North Wales Rd, East Norriton

Ready to cook meals  
Quality Local Products  
Dietz & Watson Meats & Cheeses  
Made to Order Deli  
Premium Local Coffee



Visit Us At

# nékter

JUICE BAR.

970 Dekalb Pike, Suite 240  
Blue Bell, PA 19422  
[www.nekterjuicebar.com](http://www.nekterjuicebar.com)  
Neighboring Parishioner

## LAWN DOCTOR of The Doylestown Area

215.822.0346

- All Granular Fertilizer
- Full Weed, Insect & Disease Control
- Mosquito & Tick Control
- Power Seeding

**Satisfaction Guaranteed Care**  
[www.lawndoctor.com](http://www.lawndoctor.com)

## FINANCIAL & TAX PLANNING ASSOC.

- Fee Based Investment Management
- Income Tax • Planning/Prep
- Estate Planning
- IRA's & Small Business Pension Plans

**Ronald Ritrovato, CFP**  
Certified Financial Planner  
**215-699-8600**  
1995 Morris Rd. Blue Bell  
Securities offered through Calaret, Grant & Co. Inc., Member FINRA/SIPC

## The Medicine Shoppe

We are A Compounding Pharmacy

2113 W. Main St., Jeffersonville  
**610-539-7282**  
Dave & Henny Cole, RPh

Shingles & Flu Shots Available  
We Bill Medicare  
Vitamin & Herbal Counseling  
All Prescription Plans Accepted  
Source of Medical Equipment  
FREE Delivery to Seniors  
& Blood Pressure Screening  
Wheelchairs & Medical Supplies

## SERVICE, SKILL & EXPERIENCE SINCE 1977

**CenterSquareMotors**  
collision repair specialists

- Auto Body Repair & Painting • 24 Hour Towing
- All Insurances Accepted
- Recognized Acura & Honda Body Shop

**484-684-7220** 534 N. Trooper Rd., Norristown, PA  
CENTER SQUARE MOTORS.COM 811 DeKalb Pike, Blue Bell, PA PAC 60840916

## Buy From the Best!

### SUBURBAN MARBLE, GRANITE & TILE

**Kitchen Countertops, bathroom vanities, tile and more!**  
1010 Pulinski Rd. Ivyland, Bucks County, PA 18974  
**215.734.9100**  
Open Monday Thru Saturday  
[www.SuburbanMarble.com](http://www.SuburbanMarble.com)  
Contractor #PA 007452

Member of the Parish Fully Insured

## Bob McGrath's Tree Service

### TRIMMING & REMOVAL

721 Cathcart Rd. (215) 784-9124  
Blue Bell, PA 19422 (610) 292-9806

## Matt Cianci & Sons

INSURANCE COUNSELING LLC  
Dedicated. Diligent. Dependable.

3120 Ridge Pike  
Eagleville, PA 19403  
**610-312-2175**

Accounting Services • Tax Preparation  
Bookkeeping Services

**William L. McKernan, III**  
**William L. McKernan Jr.**  
**Rachel A. McKernan**  
*Members of the Parish*

1133 DeKalb Pike, Blue Bell, PA 19422  
Office (610) 277-7921 • Fax (610) 279-5587  
wmckernaniii@wlmckernan.com  
[www.wlmckernan.com](http://www.wlmckernan.com)

## Excellence in Electricity

Insured Reliable Affordable  
Dependable

**SALVATORE M. TERRANOVA, SR.**  
Commercial • Residential • Industrial  
Master Lic. Electrician • Diocese Member  
610-539-4458 610-639-3956

## DRY TECH

WATERPROOFING SOLUTIONS

Member of the Parish Fully Insured

## BASEMENT WATERPROOFING FOUNDATION REPAIR • MOLD REMEDIATION

**1-888-5DRY-TECH**  
[www.DryTechCorp.com](http://www.DryTechCorp.com)

Saint Helena Parishioner  
Member of the Knights of Columbus

## kw I'm Here To Help!

**KELLERWILLIAMS.**  
REAL ESTATE  
C: (215) 407-9611  
O: (215) 646-2900  
Email: [mikedoolin@kw.com](mailto:mikedoolin@kw.com)

**Mike Doolin**  
REALTOR®  
Each Office is Independently Owned & Operated

*Mention This Ad For Donation To The Parish Upon Settlement*

## Forlano REMODELING

ADDITIONS • BASEMENTS  
BATHROOMS • KITCHENS  
PAINTING

"Servicing Bucks and Montgomery Counties"

**215-822-1678**  
**CELL: 267-277-2559**

houzz facebook

[ForlanoRemodeling.com](http://ForlanoRemodeling.com)

## John Di Rosato

Plumbing & Heating Co., Inc.  
*Residential Commercial Industrial*

Hot Water & Steam Heating • Water Heaters • Bathrooms  
2130 Carol Lane • (610) 277-2140

## Meitner Law

**Victor Meitner**  
*Parishioner*

Contact Us For A Free Consultation  
**WILLS • ESTATES • REAL ESTATE**  
**215-540-0575**  
[vmeitner@meitnerlaw.com](mailto:vmeitner@meitnerlaw.com)  
564 Skippack Pike • Blue Bell, PA 19422  
[www.meitnerlaw.com](http://www.meitnerlaw.com)

951 E. Butler Pike  
Amblar, PA  
**215-646-1155**

516 Fayette Street  
Conshohocken, PA  
**610-828-1336**

## CIAVARELLI

FAMILY FUNERAL HOMES AND CREMATORY INC.

*Creating the most meaningful and personalized funeral.  
State-of-the-art Crematory located on-site for your peace of mind.*

**William L. Ciavarelli, FD**  
Supervisor  
**William E. Ciavarelli, FD**

**Christopher J. Ciavarelli, FD**  
Supervisor  
**Andrea M. Ciavarelli, FD**  
Parish Member

[www.ciavarellifuneralhomes.com](http://www.ciavarellifuneralhomes.com)

## Montgomery County Rehabilitation & Sports Therapy, P.C.

Call to see how **PHYSICAL THERAPY** can help  
NO prescription necessary • Most insurances accepted

Owned and operated by Michael Q. Giuliani, MPT, Ph.D.  
Our practice provides high level, professional care.

**www.montcorehab.org**  
215.885.2022  
1345 Easton Road, Roslyn, PA 19001  
170 W. Germantown Pike, Ste. C-3, East Norriton, PA 19401 610.279.6290

**GET WELL WITH US**