



## SAINT HELENA CHURCH

Center Square

1489 DeKalb Pike Blue Bell PA 19422  
610-275-7711 (P) - 610-275-7610 (F)  
www.sainthelena-centersquare.net

# JULY 25, 2021



QUICK LINKS: SCAN W/ YOUR SMARTPHONE CAMERA



Parish Website



Parish Facebook



FORMED



# OUR PARISH MISSION STATEMENT

*ONE FAMILY*

United as members of the One, Holy, Catholic, and Apostolic Church, we are committed, as *ONE FAMILY*, to be messengers of God's love and presence in the world, and to welcome and invite others to become part of this family and this mission.

*ONE HEART*

Called by our Baptism to a life of service in the Lord, we are committed, with *ONE HEART*, to live in charity, practice the works of mercy, and work for peace and justice.

*ONE FAITH*

Strengthened by God's Word and nourished by His Sacraments, we are committed, in *ONE FAITH*, to promote lives of learning, living, and proclaiming the Gospel message, as we continue to grow in the knowledge, understanding, and appreciation of all that embodies these awe-inspiring truths.

**PRIESTS/DEACONS:**

Parish Priest: Rev. Msgr. Joseph J. Nicolo

Deacon: Deacon A. Kenneth Belanger

**PARISH OFFICE:**

Monday through Friday: 9:00 AM to 5:00 PM

Business Manager: Ms. Cathy Neugebauer

Parish Administrative Assistant: Mrs. Gina Malony

Church Bulletin Editor: Br. Raymond J. Colombaro

Web Site: [www.sainthelena-centersquare.net](http://www.sainthelena-centersquare.net)

Email: [parish@sainthelenachurch.org](mailto:parish@sainthelenachurch.org)

Phone: 610-275-7711 <> Fax: 610-275-7610

**EDUCATION CENTER:** 1499 DeKalb Pike

Blue Bell PA 19422 <> Phone: 610-279-3345 <>

Fax: 610-279-3272

Interim School Principal: Miss Denise Britt

School Secretary: Mrs. Rene Ryan

School Nurse: Mrs. April Maxwell

**PREP: Phone: 610-277-3573**

Director of Religious Education:

Mrs. Madeleine Fitzgerald

Director of Parish Services

Mr. Kurt Zampier: Phone: 610-930-0349

Facilities Manager: Mr. Vince Thompson

Phone: 610-322-5749

Director of Facilities: Robert Malony

**PARISH MASS SCHEDULE:**

**Saturday Vigil: 4:00 PM**

Sunday: 7:30 AM, 9:00 AM, & 11:00 AM

Weekdays: Mon - Sat 9:00 Holy Day Vigil: 7:00 PM

Holy Days: 7:00 AM, 9:00 AM, & 12:15 PM

(Except on Saturdays)

**DEVOTIONS:**

Most Holy Rosary: Mon-Sat 8:25 AM (Chapel)

Eucharistic Adoration: Mon-Fri 9:30 AM-7:30 PM

Divine Mercy Chaplet: Mon-Fri 3:00 PM (Chapel)

*All Masses & devotions in both the Church  
& the Chapel are streamed live.*

Cover art: *The Multiplication of Loaves & Fishes*  
(Public Domain)

**CHAPEL HOURS:**

The St. Theresa Chapel is open Monday—Friday from 6:30 AM to 9:00 PM; Saturday from 8:00 AM - 5:00 PM; & Sunday from 7:00 AM to 5 PM. On **FIRST** Thursdays & Fridays, special devotions are prayed at Mass.

**BAPTISM: Starting in September:**

Baptisms are celebrated the 2nd Sunday of each month at **12:00 PM**. Please stop by the Parish Office for information on scheduling Baptism for your child. Pre-Jordan classes are required for parents & optional for Godparents, and are *usually* offered the 1st Monday of the month at 7 PM in the Education Center. Call the Parish Office to register for class. Letters of eligibility are due at the Parish Office *before* a date can be confirmed for Baptism.

**MARRIAGE:**

Arrangements must be made with a priest at least six months *prior* to your desired wedding date. The Archdiocese of Philadelphia requires that all couples attend a Pre-Cana class. Please contact the Rectory at 610-275-7711 or send an e-mail:

[parish@sainthelenachurch.org](mailto:parish@sainthelenachurch.org) for class

information & registration.

**ANOINTING OF THE SICK:**

Arrangements can be made by calling the Parish Office.

**RECONCILIATION/CONFESSION:**

**Saturdays at 3:00 PM** in the Church or contact the Parish Office *to make an appointment*.

**MEMORIALS: Mass Cards, Candles, Bread & Wine...**

*in honor of the living or in memory of the deceased.* If you would like to have a spiritual Memorial offered in memory or in honor of a loved one, please contact the Parish Office.

**ALTAR FLOWERS:**

If you are interested in having fresh flowers placed on the Altar in either the Church or the Chapel, please call Theresa Smith at 215-646-7636.



*Icon by Nancy Oliphant of  
Bridge Building Images*



**NIC NOTES**

DEAR PARISHIONERS,

It seems to be an excellent time to remind you—our faithful parishioners—that now is the time for those who are in good health to come back to Sunday Mass. If you have been comfortable in going to a restaurant to eat, come back to Church for the celebration of Holy Mass. If you have been going to or have been to your children’s or grandchildren’s sports activities and feel comfortable, come back to Holy Mass. If you have been attending or have attended family gatherings and feel comfortable, come back to Holy Mass. If you have been going or have gone to birthday or anniversary parties and feel comfortable, come back to Holy Mass. If you have been traveling on a bus, train or plane and feel comfortable, come back to Holy Mass. If you have gone recently for an in-person visit to the doctor's office or for a medical test and feel comfortable, return to Church for Holy Mass. If you have gone back or are going back to work in-person and feel comfortable, come back to Holy Mass. If you are sending your children or have sent your children back to school and feel comfortable, come back to Holy Mass.

If you have come to Church for one or another “special occasion” such as Weddings, Funerals, Baptisms, Confirmations, First Communions or Wedding Anniversaries...come back to Sunday Mass.

You may think or say to yourself or to one another: I’m not all that comfortable, however, you need to move forward and onward. Realize, that sooner or later, we are going to have to move forward. I realize that there is hesitation on the part of some. I have had that feeling of hesitation on a number of “firsts” that I needed to do since the pandemic began, for example, the public celebration of Mass, distribution of Holy Communion, visiting the sick or the dying in their home, nursing homes and hospitals. The first time that I went to visit my brother and sister-in-law at their home for dinner, I felt a little uneasy. The first time I went into a pharmacy, grocery store, gas station, etc., I felt a little uneasy. Any “first outing” at this time is going to naturally seem a little strange and a little unnerving, however, sooner or later, you’re going to have to do a “first.” Better now than later! We have placed a “stack” of white folding chairs in the

Narthex for your convenience. Please take and use them, if you wish. Place them where you feel most comfortable – either in the Narthex or in the Nave.

Please realize all that we have done in the re-opening the Church goes above and beyond the requirements asked of us. The safety, health, and, of course, the well-being of all our parishioners was and remains the priority as we return to Church for worship.

Please know that *the Bishops of Pennsylvania are lifting the dispensation brought on by the pandemic, beginning on August 15.* You are now expected to physically, in-person participate in Sunday Mass. You can find the full text of the announcement from our Archbishop on page 6 of this Bulletin.

*May God, through the intercession of Saint Helena, bless us!*

*Love & prayers*

*Monsignor Nicolò*

**Mass Intentions**  
for the **Week of July 25<sup>th</sup>**

**Mon., July 26 9:00 AM Saints Joachim & Anne**  
**IMO PATRICK HILFERTY**  
Requested by The Hilferty Family

**Tue., July 27 9:00 AM**  
**IMO WILLIAM B. MCKENNA III**  
Requested by Ruth & Bill Loftus

**Wed., July 28 9:00 AM**  
**IMO HELEN WINTERBOTTOM**  
Requested by her sisters, Carol & Alice, husband Paul, daughter Laura & son Henry

**Thu., July 29 9:00 AM Saints Martha, Mary & Lazarus of Bethany**  
**IMO ANNAMARIE KELLY**  
Requested by The Kelly Family

**Fri., July 30 9:00 AM Saint Peter Chrysologos**  
**IMO GERARD GEISEL**  
Requested by The Geisel Family

**Sat., July 31 9:00 AM Saint Ignatius of Loyola**  
**For the Living & Deceased Members of the Saint Theresa Guild**

*Monsignor Nicolò celebrates Mass every Sunday & Holy Day for the People of the Parish.*

## MEMORIALS for the WEEK of JULY 25<sup>th</sup>



The Sanctuary Candle in the Church burns  
*for the good health of*

**JOHN SAJDA**

Requested by The Sajda Family

The Sanctuary Candle in the Chapel burns  
*in memory of*

**GERARDINE KRISHNAN**

Requested by Her Family



A Candle burns at the Altar of Saint Joseph  
*in memory of*

**JOSEPH MCMAHON**

Requested by Cheri Bacino



Four Candles burn on the Altar in the Chapel  
*in memory of*

**STEVE TARJANIAN**

Requested by Monsignor Nicolò  
& the Rectory Staff

## LITURGICAL MINISTRIES July 31/August 1

*Eighteenth Sunday in Ordinary Time*

### CELEBRANTS & DEACONS

**Saturday, July 31**

**4:00 PM:** Monsignor Nicolò

**Sunday, August 1**

**7:30 AM:** Missionary Priest

**9:00 AM:** Missionary Priest

**11:00 AM:** Monsignor Nicolò & Deacon Ken

### LECTORS

**Saturday, July 31**

**4:00 PM:** T. Pantaleo & C. Kain

**Sunday, August 1**

**7:30 AM:** M. J. Mrazik & T. Donahue

**9:00 AM:** K. McGowan

**11:00 AM:** A. Ilano & P. Lorenzo

### EXTRAORDINARY MINISTERS OF HOLY COMMUNION

**Saturday, July 31**

**4:00 PM:** D. Galanti, T. Gallagher, M. Guckert &  
T. Reigle

**Sunday, August 1**

**7:30 AM:** G. Berti, J. Treml & J. Valencia (sub req)

**9:00 AM:** J. Dalhoff, D. Matoney, D. Nolen  
& J. O'Doherty

**11:00 AM:** Deacon Ken, J. Affatato, M. Okenquist  
& V. Thompson

### ALTAR SERVERS

**Saturday, July 31**

**4:00 PM:** N. Laub, K. Lynch, M. Wagner (sub req)  
& C. Zapalac

**Sunday, August 1**

**7:30 AM:** C. Albertelli, L. Freimuth & C. Freimuth

**9:00 AM:** T. Bushner, A. Durski, T. Dwyer & K. Dwyer

**11:00 AM:** B. Connor, H. Elliott, L. Fallouh & R. Weber

## MADELEINE'S MESSAGE

Volunteers are invaluable to our Religious Education Program here at Saint Helena. Our Religious Education sessions are conducted by a team of volunteers. Together, our Religious Education staff and aides guide children and families into a growing relationship with Jesus Christ. Volunteering with the children of our parish is a rewarding and joyful experience.

Our Religious Education Program has a volunteer opportunity to suit your gifts and talents – read below to find out how you can contribute to the faith development of the young people of Saint Helena Parish.

Volunteer Opportunity ~ ~ We are seeking someone to assist with class and substitute teach, if a catechist is absent. If you are interested in the opportunity, or have any questions, please call me at 610-277-3573.

Have a great week!  
Madeleine



## PLEASE NOTE!

This Wednesday (July 28) and Thursday (July 29) the parking lots of both Church and Chapel will be resurfaced. You will need to park in either the Empress Room or school parking lots and walk to the Chapel for the 9:00 AM Mass and the other devotions.

**WE APOLOGIZE FOR ANY INCONVENIENCE.**

## RESPECT LIFE CORNER

It's time to mark your calendars for the Pennsylvania March for Life! We are excited to announce that there will be a march in Harrisburg, Pennsylvania for the first-ever Pennsylvania March for Life on Monday, September 27th!

On the Pennsylvania House of Representatives' first day back in session, marchers will rally at the steps of the state capitol to call on legislators to protect unborn children. **THE PENNSYLVANIA MARCH FOR LIFE** will start with a rally at the State Capitol at 11:00 AM ET, followed by a march at 12:00 PM ET. More details, including a list of speakers, will be announced in future columns.

March for Life is partnering with a leading pro-life state organization, Pennsylvania Family Institute, to help inaugurate the first ever Pennsylvania March for Life. Jeanne Mancini, President of March for Life, said, "The march gives pro-life Pennsylvanians an opportunity to shape local policies by encouraging state legislators to respect the rights of the unborn. Every human life should be welcomed and deserves legal protection".

Michael Geer, President of the Pennsylvania Family Institute said, "We're excited to unite with families and individuals from communities throughout Pennsylvania for an outstanding display of pro-life support at our State Capitol. This is a timely opportunity to unite, educate, and mobilize pro-life Pennsylvanians to influence the public discussion and to send a strong message of support for protecting all innocent human life from conception to natural death."



"Our God is never out done in generosity!"

THANK YOU FOR YOUR TITHE!



## A PRAYER FOR OUR MILITARY

Lord God, Almighty Father, Creator of mankind and Author of peace, we are ever mindful of the cost paid for the liberty we possess, we ask You to bless the members of our Armed Forces. Given them courage, hope and strength. May they ever experience your firm support, gentle love and compassionate healing. Be their power and protector, leading them from darkness to light. To You be all glory, honor and praise, now and forever. Amen.

*Please pray for all our military personnel especially:*

**POI ELIZABETH FENERTY, CPT KEVIN MAGUIRE, SFC JAMES KILGORE, CDR DANIEL NEVEROSKY, TSgt JAMES LAPORTE, SGT JOHN Z. MATEJA, LT NICHOLAS HUMES, CPL ANTHONY J. CICCARONE, CPT EMILY M. LORENZO-WOMACK, CPT JONATHAN R. WOMACK, SSGT JOSEPH P. LORENZO, LT CHRISTINA TAORMINA-LAPORTE, LTJG BRENDAN J. KOCH, LTJG ANDREW J. SCHUTTA & LTC ELIZABETHANNE CAIN**

## PRAY FOR OUR SICK & INFIRM

In your charity, please pray for our sick & home-bound parishioners, as well as those living in health or nursing facilities. In particular, please remember the following:



Patrick Banicki, Marie Marrongelli, Guido Perfetti, Linda & Chuck Basile, Louis Drozd, McGrail & Flynn Families, Elizabeth Foster, Suzette Eason, Christine Hoffman, Kaye Grasso, Kathy Foley, Kathleen Leahey, Peter Cook, Bernice Zwigaitis, Jack Keidel, Juan Barba, Peter J. Cissone, Jr., Dave Colman, Ed Mitchell, Bobbi Smisko, Theresa Smyth, Diane Bambino, Becky, Forest & Ezra Beitzel, Marie Becker, MaryAnn McCauley, Tom Collins, Ann Marie Steppler, Diane Mackin, Jim Miller, Joan Schmidt, John Sajda, Mary Ann Freeman, Barbara Wilson, Mary Reedy, Constance Coyle, Amanda Trerotola, Patricia Leedom, Marguerite Gannon, Bob Davidson, J. Anne Joyce, & Beth Delp

To have someone listed, please call the Parish Office at 610-275-7711. Names will stay listed for 2 weeks. If you need them to stay on, you **MUST** call every 2 weeks to update.



**STATEMENT OF ARCHBISHOP NELSON J. PÉREZ REGARDING REINSTATING THE OBLIGATION TO ATTEND SUNDAY & HOLYDAY MASS**

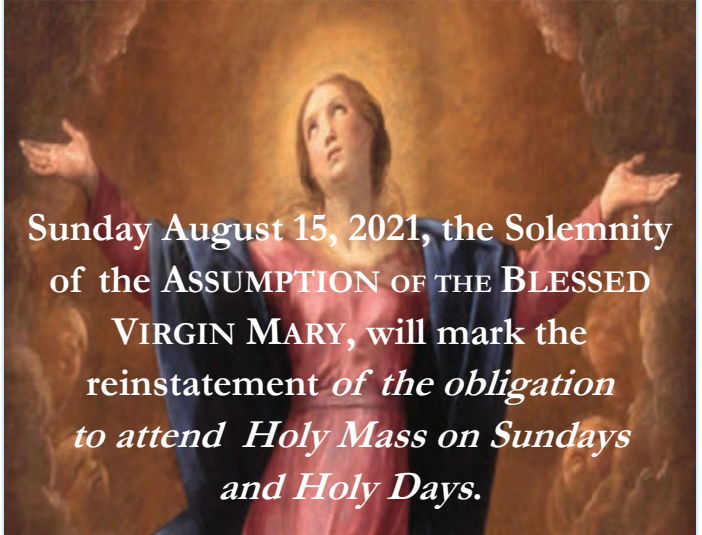
“We have all felt the impact of COVID-19 in as individuals and families. It has been a time of acute hardship and struggle, of separation and isolation. It has also had an impact on our lives of faith. Jesus Christ, our Lord and Savior, has been with us throughout this challenging period and is most especially near to us when we encounter him in the Eucharist. The Eucharist offers us His healing and peace, His mercy and reconciliation. It is now time for everyone to return to the Eucharist with renewed faith and joy. As many aspects of life are now returning to normalcy, each Catholic Bishop in Pennsylvania will reinstate the obligation to attend Mass in person on Sundays and Holy Days beginning on Sunday, August 15, 2021, the Solemnity of the Assumption of the Blessed Virgin Mary. The Bishops previously jointly decided to dispense the faithful from this obligation in March of 2020 in order to provide for the common good given concerns over the developing pandemic. Now, with the impact of the pandemic considerably reduced, it is again possible for the faithful to assemble for the Eucharist. It is time to lift the dispensation from the obligation.

The obligation to attend Mass on Sundays and Holy Days comes from our Baptism as Christians. Baptism compels Christians to unite themselves with Christ at the altar in his saving Sacrifice of the Cross. Participation in the communal celebration of the Sunday Eucharist is a testimony of belonging and of being faithful to Christ and to his Church (Catechism of the Catholic Church, no. 2182). This is the foundation for the law of the Church that binds Catholics to attend Mass on Sundays and Holy Days (Code of Canon Law, canon 1247) and the Christian way fully to observe the Third Commandment, to keep holy the Lord’s Day (Deuteronomy 5: 12; Exodus 31: 15; Catechism of the Catholic Church, nos. 2180-2181). This obligation, as is always the case, does not apply to those who are seriously ill, have a serious health risk, as well as those who have serious anxiety about being a part of large groups at this time. Likewise, the obligation does not apply to those who care for those who cannot attend Mass in person (Catechism of the Catholic Church, no. 2181).

Those who are legitimately excused from Mass on Sundays and Holy Days are encouraged to spend time in prayer, meditating on the Death and Resurrection of the Lord, reading the Sacred Scriptures, and uniting themselves to Christ in his worship of the Father of us all. Those who are legitimately excused are also encouraged to view a broadcast of the Mass which is intended for those who cannot participate in person.

As Bishops, we welcome this moment of the reinstatement of the obligation for all Catholics in Pennsylvania. This is a moment to thank God anew for the great gift of the Mass and the Real Presence of Jesus to us in his Holy Body and Blood as well as the joy of gathering together as people of faith.”

+*Most Reverend Nelson Pérez*



**PARISH CALENDAR OF EVENTS**

For the week of July 25 ~ August 1

**SUNDAY, July 25**

Masses: 7:30, 9:00, 11:00 AM - Church & Virtual

**MONDAY, July 26**

Daily Mass: 9:00 AM - Chapel & Virtual

**TUESDAY, July 27**

Daily Mass: 9:00 AM - Chapel & Virtual

**WEDNESDAY, July 28**

Daily Mass : 9:00 AM - Chapel & Virtual  
RCIA: 7:00 PM - Convent - Our Lady of Fatima

**THURSDAY, July 29**

Mass: 9:00 AM - Chapel & Virtual

**FRIDAY, July 30**

Daily Mass: 9:00 AM - Chapel & Virtual

**SATURDAY, July 31**

Daily Mass: 9:00 AM - Chapel & Virtual  
Men’s Fellowship Group: 7:00 AM—Convent:  
Our Lady of Lourdes  
Confessions: 3:00 PM - 3:30 PM - Church  
Vigil Mass: 4:00 PM - Church & Virtual ~ *Blessing of College Students*

**SUNDAY, August 1**

Masses: 7:30, 9:00, 11:00 AM - Church & Virtual  
~ *Blessing of College Students*



In your charity, please pray for our

**BELOVED DECEASED**

*especially for:*

**CHUCK SLOBODZIAN  
& STEVE TERJANIAN**

May their souls & the souls of all the faithfully departed through the Mercy of God rest in peace.

## SAINT HELENA SCHOOL

is looking to hire a full-time, permanent & talented **HONORS MATH TEACHER** for the upcoming 2021-2022 school year. Experienced teachers are welcome! Please submit your resume & referrals by emailing the Interim Principal, Miss Denise Britt at [dbritt@sainthelenachurch.org](mailto:dbritt@sainthelenachurch.org). or by calling the school office at 610-279-3345.

**THANK YOU FOR  
YOUR CONSIDERATION!**

## KEN'S CACHE

One of the practices that we stressed over the past several weeks during the pandemic and hopefully after we assume a normal life is the practice of reading the lives of the Saints. The Saints provide us with lives devoted to following the example that Jesus exhibited during His Life, Death and Resurrection. No two Saint's lives are identical, but together they can show us the many ways the virtues Jesus taught can change a person's life. One example of that is the life of Mary Magdalene.

**Mary Magdalene**, sometimes called **Mary of Magdala**, or simply the **Magdalene** or the **Madeleine**, was a woman who, according to the four canonical Gospels, traveled with Jesus as one of His followers and was a witness to His Crucifixion and its aftermath. She is mentioned by name twelve times in the canonical Gospels, more than most of the Apostles and more than any other woman in the Gospels, other than Jesus's own family. Mary's epithet — *Magdalene* may mean that she came from the town of Magdala, a fishing town on the western shore of the Sea of Galilee in Roman Palestine.

The Gospel of Luke 8: 2–3 lists Mary Magdalene as one of the women who traveled with Jesus and helped support His ministry "out of their resources," indicating that she was probably relatively wealthy. The same passage also states that seven demons had been driven out of her, a statement which is repeated in Mark 16. In all the four canonical Gospels, Mary Magdalene was a witness to the Crucifixion of Jesus and, in the Synoptic Gospels, she was also present at His burial. All the four Gospels identified her, either alone or as a member of a larger group of women which includes Jesus's Mother, as the first to witness the empty tomb, and the first to witness Jesus's Resurrection.

For these reasons, Mary Magdalene is known in some Christian traditions as the "Apostle to the Apostles." Unfortunately, the portrayal of Mary Magdalene as a prostitute began after a series of Easter sermons delivered in 591 when Pope Saint Gregory I conflated Mary Magdalene, who was introduced in Luke 8:2, with Mary of Bethany (Luke 10:39) and the unnamed "sinful woman" who anointed Jesus's feet in Luke 7: 36–50.

This resulted in a widespread belief that she was a repentant prostitute or a promiscuous woman. Elaborate medieval legends from Western Europe tell exaggerated tales of Mary Magdalene's wealth and beauty, as well as her alleged journey to southern France. The identification of Mary Magdalene with Mary of Bethany and the unnamed "sinful woman" was a major controversy in the years leading up to the Reformation. Some Protestant leaders rejected it outright. During the Counter-Reformation, the Catholic Church emphasized Mary Magdalene as a symbol of penance. In 1969, the identification of Mary Magdalene with Mary of Bethany and the "sinful woman" was removed from the General Roman Calendar by Saint Pope Paul VI. However, the view of her as a former prostitute has persisted in popular culture.

Mary Magdalene is considered to be a Saint by the Catholic, Eastern Orthodox, Anglican, as well as in Lutheran churches. In 2016, Pope Francis raised the level of liturgical celebration for Saint Mary Magdalene on July 22 from Memorial to Feast, and for her to be referred as the "Apostle of the Apostles." Other Protestant churches honor her as a heroine of the Faith.

## God Bless You! Deacon Ken

*(Note: Much of the information here is from Encyclopedia Britannica and Wikipedia and "Sisters in Arms" by Joann Kay McNamara.)*

~ Saint Mary Magdalene  
by El Greco ~





*Saint Helena  
Young Adults*

**All Young Adults Welcome!**  
**Single. Married.**  
**Married w/ kids...**  
*we're here to inspire you to be the  
 best-version-of-yourself!*

**We meet  
 weekly on  
 Thursday  
 nights from  
 7:00 - 8:30 P.M.  
 in the  
 Convent.**

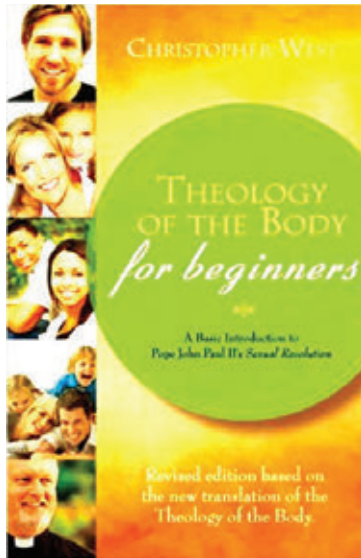
**CONTACT  
 KURT ZAMPIER  
 at 610-930-0349 OR VIA  
 E-MAIL AT:**

[kzamper@sainthelenachurch.org](mailto:kzamper@sainthelenachurch.org)

**CURRENT FOCUS:**

In July, we are reading & discussing the book pictured to above. Get a copy & join us!

**THE MORE THE MERRIER!!!**



**RSVP TODAY!**  
**SAINT HELENA  
 PARISH PICNIC**  
**WEDNESDAY,  
 AUGUST 18<sup>TH</sup>**

**6:00 to 8:30 PM**

*Sponsored by the Parish &  
 Knights of Columbus*

Picnic Dinner provided free of charge. Join us for a great evening filled with fun and fellowship for the whole family!

*Please bring  
 your own chairs!*

**RSVP on our Website or call  
 Kurt Zampier at  
 610-930-0349**



**Mommy & Me**

Parents and guardians of young children are invited to drop in for our **Mommy & Me Playgroup** events!

Beginning in the Fall, we will be meeting monthly at Saint Helena or the park, weather permitting.

For more information, please reach out to **KATIE DALHOFF** (610) 952-5148.



**Come Say Hello!**

Are you looking to become a more active member of our parish? **Visit the Ministry Table at the Parish Picnic on August 18** to connect with group leaders to find a ministry that works for you. It's a great way to connect with other parishioners and learn more about our dynamic parish activities. We hope to see you there!

**WE REMEMBER**

**and we gratefully acknowledge the following families who so thoughtfully asked that donations in memory of their loved one be sent to Saint Helena Church.**

**We ask that you please keep them in your prayers:**

James Adams, John Botto, Mary Ellen Brogan,  
 Dr. Elwin S. Carlin, Audrey F. Crause,  
 Harry DeFazio, Ann Kelly, Jennie Dinardo,  
 Michael Frawley, Nicholas Grant, Ann Gerlach,  
 Eugene P. Kenworthy Sr., Peter J. Kelly, Sr.,  
 Orville Johnson, John S. Maguire, Jane O'Doherty,  
 Lucille Mazur, Grace Migliarese, George T. McCool, Jean  
 P. McQuade, Dorothy Nicolo, Joanna Roth,  
 Thomas Oakes, Matilda M. Schoppet,  
 Mary Ellen Sullivan, Gertrude Usher, Virginia Valentine,  
 Louise Vanelli, Jean Vereb,  
 Mary C. & Raymond F. Uccelletti, Sr.,  
 Margaret Wright, Carmen Pagliaro,  
 Dottie Monastra, William Curran, Shawn Henry, Jack  
 Gambone, Gasper Butera, Helen Borkowski, Mary Ryan,  
 Edward Garbacz, John Cantarini, Dave Landers,  
 Joseph Nicolo, Sr., Ron Miles, Harold Rodgers,  
 Marge Fitzpatrick, Mildred Dulin, Candida Barone,  
 Stanley Lentz, Sr., Walter P. Piecyk,  
 Henry Orzechowski, Gasper Sclafani, Rose Trombetta,  
 Brad Souders, Peter Nicolo, Joseph Yaccarino, Irene  
 Koziol, Frances Lavin, Anna Silvaggio,  
 Vincent J. Petrone, Stanley Toscani, Rita Rego,  
 Charles Halfpenny, Sr., Gerard Geisel, Carol Piskai,  
 Stephen Imms, Betty Haly, Ed Sciarra,  
 Ralph Martino, Thomas Keane, Mary Russo,  
 Marlin Souders, William Guerrini, William Schmitz, Jr.,  
 Andy Ortlieb, Nicola Rocco, Richard Duszak,  
 Salvatore Giuffrida, Harry Neff, Sr.,  
 Ronald Lattanze, Katherine Roth, Maria Begley, Peggy  
 Guerrini, Daniel Staffieri, Norma Leuallen, John Frawley,  
 Rae Bordo, Veronica Graff, Thomas & Anne Yuengling,  
 Francis Nolan, Thomas Swan, Dixie Katrina,  
 Anna Marie Esposito, Karen DeGennaro,  
 Catherine Murphy, Rita Curran, Ann Yaccarino,  
 Tom Gaasche, Catherine Swanick, Agnes Dougherty,  
 Vera Lentz, Marg Agresti, James Frawley,  
 Suzanne Bottinger, Jack Fitzpatrick, Antoinette Cannon,  
 Harvey Kreitzer, Nancy Cavan, Theresa Tomczak,  
 John Barry, Nicholas Machion, Daniel Begley,  
 Joseph Monastra, Catherine Frawley,  
 Rev. John T. Coates, Linda Taormina Kuhn,  
 Dorena Colonnello, Marian Curran,  
 Alexander Piermani, III, Kathleen DePietro, Francis  
 Zuest, Joseph O'Hara, Steve Bacino,  
 Phyllis D'Amico, Emil Bilinski, Carol Mignogna,  
 Edward Stimmler, Marie Neff, Joan Schmitz,  
 Yolanda Marinari, Deacon Donald Kretsch,  
 Charles Walters, James F. "Smitty" Smith, Sr.,  
 Edward Sciarra, Jr., Daniel Fitzgerald,  
 Marie Litman, Elaine Thompson, Carmen Branco,  
 Matthew Mazza, Edward Lock, Phyllis Galanti, Mary  
 Scarafone, Anne Burr, James Bozzelli, Margaret (Peg)  
 Tannenbaum, Barbara Souders, Joseph Smee, Sr.,  
 James Bottinger, Anne Nolen, Martha Flannery,  
 Joan Cannon, Hilda Carr, Joseph Wallin,  
 Kathleen & James Fenerty, Louis R. DiMaria,  
 Jim Dougherty, Elsie McDermott & Rita Sciarra.

**BEQUESTS**

**The following people have prayerfully made bequests in their Wills to Saint Helena Church. Please remember them in prayer as well.**

*Vivian Becker, Alice P. Devlin, Mary E. Flanagan,  
 Hon. Robert W. Honeyman, Concetta Marchesani,  
 Mary Ellen Sullivan, Laura E. Wisniewski,  
 Estelle Noska, Elizabeth Ann Quillinan, Jean Stock,  
 Lawrence Marinari, Catherine Frawley,  
 Mary Rosciola, Marian Curran, Charles Loeper,  
 Rev. John Coates, Kathleen Schoemaker,  
 Regina Zaleski, Margaret Donahue, Lorraine Gigliello,  
 Margaret (Peg) Tannenbaum &  
 John H. Quillinan, III.*

**CORPORAL WORKS OF MERCY:  
 FEED THE HUNGRY,  
 CLOTHE THE NAKED.**

As we begin a new year and say good bye to the past, we may start to think of things we let slip away. As a Parish Family, we support many of our neighbors, now is the time to make sure that we've not forgotten them!

**THE BROTHER HOUSE**

One of the missions of The Brother House is to clothe the homeless. You, the parishioners of Saint Helena, help to make this happen by donating to this cause. At this time, they are in need of slightly used backpacks and duffel bags. They are always in need of newly purchased men's underwear, socks, and slightly used clothing. We have a cabinet in the Information Room of the Church for these items.

**THE PATRICIAN SOCIETY**

The Patrician Society is a food bank in East Norriton that we help to keep stocked with the non-perishable food that our children and several parishioners bring to Church each week. We also have several Food Collections throughout the year as well as our Annual Manna Bag Collection in May. If you can help, please bring your non-perishable items to Church on the weekend or to daily Mass and leave them in the Information Room. A representative from The Patrician Society usually comes in on Monday mornings to pick up our donations.

**CARING FOR FRIENDS**

This ministry asks you to cook a fresh meal or to take your left-overs and put them in the containers provided. Bring them to the Church and place them in the freezer in the Information Room. The meal containers are in the cabinet next to the freezer. We have dinner containers and soup containers available together with instructions on how to prepare the meals. Please remember to date your dinners.



**MINISTRY / ORGANIZATION**

|                      |                     |
|----------------------|---------------------|
| Art & Environment    | Theresa Smith       |
| Basketball: 3 on 3   | James Humes         |
| Bereavement Ministry | Michele Gerstemeier |
| Chapel Reposers      | Jack Greenleaf      |
| Divine Mercy Chaplet | Vince Thompson      |

**EXTRA ORDINARY MINISTERS OF**

**HOLY COMMUNION:**

|                        |                       |
|------------------------|-----------------------|
| Church                 | Lori & Steve Iannello |
| Home Visit             | Jim McLaughlin        |
| Finance Council        | Msgr. Nicolo          |
| Garden Club            | Theresa Smith         |
| Home & School Assoc.   | Sara Mann             |
| Knights of Columbus    | George Gillin         |
| Ladies of Helena       | Theresa Smith         |
| Lectors                | Pat Lorenzo           |
| Lending Library        | Br. Matthew Levis     |
| Men's Fellowship Group | Joe Bushner           |
| Mommy & Me             | Katie Dalhoff         |
| Prayer Shawl Ministry  | Sr. Francis, O.S.F.   |

**MUSIC MINISTRY**

|                     |               |
|---------------------|---------------|
| Contemporary Music: | Dick Lentz    |
| Cantor Scheduling:  | Cheryl Platco |

|                         |              |
|-------------------------|--------------|
| <b>PASTORAL COUNCIL</b> | Msgr. Nicolo |
|-------------------------|--------------|

**PARISH YOUTH & YOUNG ADULT MINISTRIES**

|                   |              |
|-------------------|--------------|
| Altar Servers     | Fr. Connolly |
| H. S. Youth Group | Kurt Zampier |
| Young Adult Group | Kurt Zampier |

**PREP**

|                  |                      |
|------------------|----------------------|
| PREP Coordinator | Madeleine Fitzgerald |
|------------------|----------------------|

**RITE OF CHRISTIAN INITIATION FOR ADULTS**

|                         |                     |
|-------------------------|---------------------|
| RCIA Leader             | Deacon Ken Belanger |
| Respect Life Activities | Maryann Schieve     |
| Scripture Study         | Deacon Ken Belanger |
| Walking with Purpose    | Margaret Malloy     |
| Wedding Coordinator     | Cindy Lejman        |

**PARISH SCHOOL**

|                   |              |
|-------------------|--------------|
| Interim Principal | Denise Britt |
|-------------------|--------------|

*To get involved or for more information please call the Parish Office at 610-275-7711 and we will connect you with the contact person.*

# PARISH MINISTRIES

**RCIA**

RCIA is a process of instruction, prayer and Faith sharing, a journey towards Full Communion with the Catholic Church. Participants may be unbaptized, baptized in another Christian faith, or a baptized Catholic whose faith journey has been interrupted. To learn more about how to begin this process of discernment or embark on this journey of faith, please call Msgr. Nicolo or Deacon Ken Belanger. *(Msgr. Nicolo at 610-275-7711 or Deacon Ken Belanger at 610-909-1909.)*

This group has resumed meeting weekly by following the guidelines of Social Distancing and the wearing of Masks.

**LADIES OF HELENA**

This group provides spiritual, social, and service activities for women of all ages. We are always looking for new ideas. At this time we are communicating by email: Theresa Smith at [theresacsmith@verizon.net](mailto:theresacsmith@verizon.net)

**MOMMY & ME**

Calling all Moms with young children! The Saint Helena Mommy & Me Group is always looking to welcome new faces. While we haven't been meeting regularly due to COVID, we will be meeting this spring outside as weather permits. Please email Katie Dalhoff at [katiedalhoff@gmail.com](mailto:katiedalhoff@gmail.com) (610-952-5148) for more information.

**RESPECT LIFE MINISTRY**

The Saint Helena Respect Life Ministry is dedicated to promoting the sanctity of God's gift of human life from conception until natural death. Our mission is to inform our parishioners in regard to God's Word in Scripture, the Catholic Church teachings, and spiritual/cultural issues relating to the respect for life at all stages. Events and activities are scheduled throughout the year to enable our parishioners to be active pro-life disciples through prayer, practice, evangelization, and the support of local pro-life agencies.

We are currently meeting by Zoom. For more information or to join this ministry, please contact Mary Ann Schieve at this electronic address: [respectlife@sainthelenachurch.org](mailto:respectlife@sainthelenachurch.org)

**All Are Welcome!**

## JOIN OUR DAILY SPIRITUAL DEVOTIONS!

*Attend In-Person or Virtually via our Parish Livestream*

Here's our schedule for Devotional Exercises in the Saint Theresa Chapel.

**ALL DEVOTIONS ARE LIVESTREAMED & THE CHAPEL CAMERA IS "ON" 24/7.**

### ROSARY RECITATION IN THE CHAPEL

8:25 AM <> Monday — Saturday

11:30 AM <> Wednesdays

Weather permitting, the 11:30 WEDNESDAY ROSARY is held in [THE GROTTO OF OUR LADY OF LOURDES](#). There are many different ways to pray the Rosary. The first and most obvious is to focus on the words. The words of the Rosary are powerful and filled with layers of meaning, but so are the Mysteries of the Rosary for each decade. Each set of Mysteries allows us to ponder specific events in the lives of Jesus and Mary and holds incredible insights for our own lives today.

Come and join us for 30 minutes each Wednesday at 11:30 AM in the Lourdes Grotto behind the Church *(or in the Chapel if it rains or if the weather is oppressively hot)* to pray the Rosary. Children are welcome! Teens are encouraged!

3:15 PM <> Wednesdays *(after the Chaplet of Divine Mercy)*

### DIVINE MERCY CHAPLET RECITATION *in the CHAPEL*

3:00-3:15 PM <> Monday-Friday

### DAILY MEDITATION *in the CHAPEL*

6:30 AM — 9:00 AM <> Monday—Friday

8:00 AM — 5:00 PM <> Saturday

7:00 AM — 5:00 PM <> Sundays

## THANK YOU NOTE

“On behalf of everyone at A Baby’s Breath, I wish to express our gratitude to you at Saint Helena’s for your generous donation of gift cards, diapers and baby items from your annual Baby Shower Event for the Jeffersonville Center in 2021.”

Sincerely,  
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*Donations Coordinator*



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## KNIGHTS SUPREME CHAPLAIN MONTHLY CHALLENGE

Jesus summoned the Twelve and began to send them out two by two and gave them authority over unclean spirits.

He instructed them to take nothing for the journey but a walking stick — no food, no sack, no money in their belts. (Gospel for July 11, Saint Mark 6:7-8)

Jesus sends his disciples out on their mission with few provisions. It would be unthinkable for us today to take a trip without carrying cash or a credit card, making lodging arrangements or packing a suitcase. What are we to make of Christ’s instructions, and how do they relate to our own baptismal mission? I offer two thoughts.

First, we must trust that God will provide for our needs as we carry out his work.

Second, we must not be encumbered by “excess baggage” — anything in our lives that can hold us back from carrying out God’s will.

### CHALLENGE BY SUPREME CHAPLAIN ARCHBISHOP WILLIAM E. LORI:

This month, I challenge you to spend an hour each week in Eucharistic adoration, reflecting on relying on God alone and becoming detached from the things of this world. Second, I challenge you to work with your pastor to implement the Faith in Action Holy Hour program.

### QUESTIONS FOR REFLECTION:

Are you aware that Jesus is sending you on a mission in the world? Do you truly trust God to provide for your needs along the way? What “baggage” are you carrying that is holding you back from fulfilling God’s mission for you?

## PONTIFICAL MISSION SOCIETIES

Next weekend, pray and support **THE DIVINE WORD MISSIONARY** who brings the Gospel message of Jesus and serves the poor, marginalized and needy all over the globe. Learn about this important missionary ministry work in the Church Universal. Please pray for the work of The Divine Word Missionaries and please provide your financial support as you are able.

**THANK YOU!**

# Jesus Feeds The Five Thousand

They all ate and were satisfied, and the disciples picked up twelve basketfuls of broken pieces that were left over. Matthew 14:20 (NIV)

Based on Matthew 14:13-21 (NIV)



Q W L O A V E S P L T H J E B  
 R Y T G B V G S B X O A H T A  
 F I S H L A N D E D W U S Q S  
 B X E E J T B Q A P N I A J K  
 J B W I F K H O O I S A T W E  
 F T L W T Z N A A Q L G I C T  
 O U A L B K Z O N T S S S T F  
 L P T Q F I P K X K P B F M U  
 L F E J H E A L E D S E I Z L  
 O O C Q T T M L S C L F E C S  
 W O G R J E S U S C L B D W C  
 E T M F O Q S F O O D D J T A  
 D Q G B J W E I Y M H E H P V  
 D A V B U T D C C P E O P L E  
 R P G S A V K S H K I F Q K U

|        |            |           |          |        |
|--------|------------|-----------|----------|--------|
| LEFT   | BASKETFULS | LANDED    | FOLLOWED | LOAVES |
| THANKS | CROWDS     | TWELVE    | HEALED   | FISH   |
| ATE    | FOOD       | SATISFIED | JESUS    | SICK   |
| FOOT   | PEOPLE     | LATE      | TOWNS    | BOAT   |





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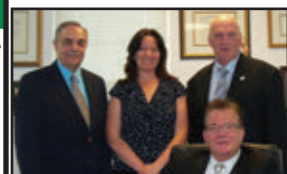
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