



walking with purpose

**OPENING YOUR HEART: THE STARTING POINT** (UPDATED DUE TO SNOW 11/15/18)

LOCATION: CONVENT

TIME: 12:45-2:30 PM

MATERIALS: *THE BIBLE* AND *OPENING YOUR HEART* STUDY GUIDE

Session One	10/04/18	Lesson 1: Connect Coffee Talk: Four Steps to Walking with Purpose
Session Two	10/11/18	Lesson 2: Who Is Jesus Christ?
Session Three	10/18/18	Lesson 3: Why Is Jesus Christ Interested in My Friendship?
Session Four	10/25/18	Lesson 4: Why and How Should I Pray?
Session Five	11/08/18	Lesson 5: Connect Coffee Talk: God—First Place in All Things
Session Six	<b>11/29/18</b>	Lesson 6: Who Is the Holy Spirit?
Session Seven	12/06/18	Lesson 7: Why Should I Read the Bible?
Session Eight	12/13/18	Lesson 8: What Is Grace, and What Difference Does It Make?
Session Nine	01/10/18	Lesson 9: What Are the Limits of Christ’s Forgiveness?
Session Ten	01/17/18	Lesson 10: Connect Coffee Talk: Your Heart—You Are Captivating
Session Eleven	01/24/18	Lesson 11: What Does the Sacrament of Penance Have to Do with My Friendship with Christ?
Session Twelve	02/07/18	Lesson 12: What Does the Eucharist Have to Do with My Friendship with Christ?
Session Thirteen	02/14/18	Lesson 13: How Do I Conquer My Fears?
Session Fourteen	02/21/18	Lesson 14: Connect Coffee Talk: Marriage—Transformed by Grace
Session Fifteen	02/28/18	Lesson 15: What Is the Role of Suffering In My Life?
Session Sixteen	03/07/18	Lesson 16: What Does Mary Have to Do with My Friendship with Christ?
Session Seventeen	03/21/18	Lesson 17: Can God Really Change Me or Is That Just Wishful Thinking?
Session Eighteen	03/28/18	Lesson 18: Connect Coffee Talk: Children—Reaching Your Child’s Heart
Session Nineteen	04/04/18	Lesson 19: What Challenges Will I Face in My Efforts to Follow Jesus More Closely?
Session Twenty	04/11/18	Lesson 20: What Is the Relevance of the Church in My Life?
Session Twenty-one	04/25/18	Lesson 21: How Do I Read the Bible in a Meaningful Way?
Session Twenty-two	05/02/18	Lesson 22: Connect Coffee Talk: Outside Activities—Set the World on Fire



**STUDY: KEEPING IN BALANCE (KIB)** (UPDATED DUE TO SNOW 11/15/18)

**LOCATION:** CONVENT

**TIME:** 12:45-2:30 PM

**MATERIALS:** *THE BIBLE AND KEEPING IN BALANCE STUDY GUIDE*

Session One	10/04/18	Lesson 1: Connect Coffee Talk: Getting a Grip Through Authenticity
Session Two	10/11/18	Lesson 2: Balance Through Authenticity
Session Three	10/18/18	Lesson 3: Balance Through Priorities
Session Four	10/25/18	Lesson 4: Balancing Expectations
Session Five	11/08/18	Lesson 5: Connect Coffee Talk: Getting a Grip Through Relationships
Session Six	<b>11/29/18</b>	Lesson 6: Balance Through Relationships
Session Seven	12/06/18	Lesson 7: Balance Through Worship
Session Eight	12/13/18	Lesson 8: Balancing in Your Schedule
Session Nine	01/10/18	Lesson 9: Balance Through Rest
Session Ten	01/17/18	Lesson 10: Connect Coffee Talk: Getting a Grip Through Rest
Session Eleven	01/24/18	Lesson 11: Balance Through Service
Session Twelve	02/07/18	Lesson 12: Balance Through Contentment
Session Thirteen	02/14/18	Lesson 13: Balance Through Simplicity
Session Fourteen	02/21/18	Lesson 14: Connect Coffee Talk: Getting a Grip Through Simplicity
Session Fifteen	02/28/18	Lesson 15: Balancing our Cravings
Session Sixteen	03/07/18	Lesson 16: Balance Through Self-Discipline
Session Seventeen	03/21/18	Lesson 17: Balance Through Surrender
Session Eighteen	03/28/18	Lesson 18: Connect Coffee Talk: Getting a Grip When It All Falls Apart
Session Nineteen	04/04/18	Lesson 19: Balance Between Mediocrity and Perfectionism
Session Twenty	04/11/18	Lesson 20: Balance in our Thought Life
Session Twenty-one	04/25/18	Lesson 21: Balance Through Engaging Culture
Session Twenty-two	05/02/18	Lesson 22: Connect Coffee Talk: Getting a Grip in Culture